

Keep It Movin'

Artist: Robin Bolden
Music: Country
Choreographer: Sean Bimm – Bella Vista, AR

Album: Keep It Movin'
Level: Intermediate
Phone: 479-876-6243

Wait 32 Beats/Left foot free

Sequence: Intro, ABC, Intro, ABC, Interlude, B, C+

INTRODUCTION (16)

Chain DS RS RS RS ½ L. Turn
L RL RL RL

Ball Change K RS DS RS
R RL R RL

Repeat to face front

PART A (32)

MJ Stomp DS DS (xib) R HL S STO DS DS RS ¼ L. turn
L R LR L R L R LR

Donkey DS R (xif) S R (ots) S R (xib) S move forward
L R LR LR L

Stomp Double STO DS DS RS ¾ R. turn
R L R LR

Repeat to face front

PART B (32)

Cowboy DS DS DS BR-K DS (xif) RS RS RS
L R L R R LR LR LR

Karate DS K 1/2 pivot S K
L R RL

Fancy Double DS DS RS RS
L R LR LR

Repeat to face front

PART C (32)

Keep It Movin' DS DS R (ots) S SLR (xib) S RS RS DS RS move right
L R L R L L RL RL R LR

2 Potholes DBL HLS-out HLS-in LFT
L BOTH BOTH R
R BOTH BOTH L

Rocking Chair DS BR-LFT DS RS ½ L. turn
L R R LR

Repeat to face front

C+ turn ¾ L. on the Rocking Chair, then repeat 3x's at each wall

INTERLUDE (64)

Chain

$\frac{3}{4}$ L. turn

Ball Change

Scotty

DS DBL (xif) DBL (ots) T (xib) H (ots) STO DS DS RS 360 R. turn

L R R R BOTH R L R LR