

Nick Frazier
LMFAO – Party Rock Anthem
Intermediate Plus



Intro (Repeat front and back) PLUS

Jump Slide Up Dbl-S R-S, Dbl Out-Cr Out-Cr Out-Cr Up (8 Beats)
R&L R&L R R L R L R&L R&L R&L L

Dbl-S Dbl-Out R-S Toe Slide R-S Dbl-S Dbl-S R-S (Turn ½ Left) 2X (8 Beats)
L R R L R R L R L R L R

PLUS (Repeat four times)

Dbl-S Dbl-over Dbl-out R-S (Turn ¼ Right) Pivot. Hands up, Hands Down (32 Beats)
L R R R L R&L

Part A (Repeat front and back)

Dbl-S Dbl-S Dbl-S Jump Kick, Dbl-S Dbl-S Dbl-S Jump Kick, (8 Beats)
L R L R&L R L R R&L

Dbl-S Dbl-Behind R Heel-Spin S Dbl-S Dbl-S R-S (Full Spin) 2X (8 Beats)
L R L R L R L R L

Dbl-S Dbl-Hop-Tch Drag S R-S Stomp Dbl-S Dbl-S Dbl-S (Turn ¾ Rt) (8 Beats)
L R L R R R L R L R L R

Dbl-S Dbl-Out Pump, Pump S Double Basic (Turn ¾ Rt) (8 Beats)
L R R R R L R L R

Shufflin

Drag-S Drag-S Drag-S Drag-S Drag-Back, Drag-Back (8 Beats)
L R R L L R R L L R

Step-IF, Step-Out Step-Drag Touch, Shuf-Out Four Times turning Left (8 Beats)
R R R L L

Out-Touch-Down Out-Touch-Down, Out-Touch, Out-Touch, Out-Touch-Down (8 Beats)
R L R L R L R L R L R L R

S-Out S-In-front Drag-Back S, Shuf-Out-4X (8 Beats)
R L L L R

Part B (Repeat front and back)

Dbl-S S-Heel-Ball S-Heel-Ball S-Heel-Ball, Dbl Windmill Kick-Out, S Dbl-S (8 Beats)
L L R R R L L L R R L R R L R

Dbl-S Dbl-Out Rock-Toe-Ball Hop-Sc-Up, Hop-Sc-Up Hop-Sc-Up Hop-Sc-Up Touch Down (8 Beats)
L R R L L R L R L R L R L R L R L R R&L

Dbl-S S-R-S S-R-Heel(Spin)-S Dbl-S Dbl-S (8 Beats)
L R L R L R L R L R

Dbl-S Dbl-Out Touch(IF)-S, Dbl-S Dbl-Out Touch(IF)-S (8 Beats)
L R R R R L L L

Sequence: Intro, Part A, Shufflin, Part B, Part A, Shufflin, Intro PLUS, Part A